



# SPIRIT OF INDIA

## YOGA SUTRAS OF PATANJALI (8 PRINCIPLES TO MASTER LIFE)



RENOWNED  
INTERNATIONAL  
SPEAKER

SHRI. MK ANGAJAN



## SPIRIT OF INDIA

CORDIALLY INVITES  
YOU WITH FAMILY AND FRIENDS  
TO SPIRITUAL DISCOURSES ON THE TOPIC

## YOGA SUTRAS OF PATANJALI (8 PRINCIPLES TO MASTER LIFE)

BY SHRI. M.K. ANGAJAN  
(INTERNATIONALLY ACCLAIMED PHILOSOPHER FROM INDIA)

The secret of legends and titanic performers, who remain serene while being dynamic, is that they are in control of their life. They operate from a higher level of consciousness while emotionally in-sync with the laws of the Universe. They are masters of their inner world of desires, thoughts and emotions. The Yoga Sutras of Patanjali deals with precisely that! The 5 evening discourses on Yoga Sutras of Patanjali helps gain calmness, emotional mastery and mastery over your lifestyle, that impacts positively on your productivity, attitude, decision, emotions and inner happiness, family life that lead to outstanding results in your life.

Topics covered: *Yama, Niyama, Asana, Pranayama, Pratyahara, Dharana, Dhyana, Samadhi*

DATE: 21-25 SEPT 2015 (MON-FRI) | TIME: 7:30PM TO 9:00PM  
VENUE: DUNDAS COMMUNITY CENTRE, 21 STURT ST.  
TELOPEA, SYDNEY, NSW 2117

SHRI. M. K. ANGAJAN an internationally acclaimed philosopher, has been deeply involved in the assimilation of Vedanta, Management and Leadership Philosophy, spiritual literatures from the East and West. He has inspired and empowered thousands of large and distinguished audiences globally on Self-development, Life Management, Self-fulfillment and Leadership and Management philosophy.

These Lecture Series will be foundation for our Upcoming "Advance Pranayama and Advance Yoga" Workshops Starting from 4<sup>th</sup> October till 18<sup>th</sup> October 2015 on daily basis Morning and Evening sessions. "Advance Pranayama and Yoga" are organized by SPIRIT of INDIA and conducted by Ambika Yoga Kutir Team from India.

**FREE ADMISSION | ALL WELCOME**