

2. Advance course and Practice sessions are only for individuals who have successfully completed, Basic course and practice for considerable time and for serious learner
3. Our Aim is to provide course at affordable cost. Any hand out; books, tools and accessories are supplied with extra nominal charges.
4. **We welcome individuals who would like to volunteer their services for this noble cause.**
5. **We welcome generous donation and other assistance (promotion of our activities, working as volunteers & technological support) to continue these activities forever for benefit of community.**
6. **We work for community, by arranging lectures of experts, run various projects in Australia and abroad for service to humanity. Your active participation in various projects shall be highly appreciated.**

Admission Criteria

1. **Each participant has to fill this form separately and sign before admission. For minors parents to sign**
2. Admission is given to age group of 12 to 75 years for Regular Yoga course on first come first serve basis and limited to class size. Your enrolment is reserved only after confirmation from management stating centre and date of course. And any applicable fee is paid or arranged in advance.
3. Children age group of 6 years to 14 years may be admitted to Children's Yoga. This is unique combination of Yoga and personality development. Parents must sign on behalf of student. It is parent's responsibility to bring Children at venue and collect back in time.
4. We run specialized Yoga centres for **seniors free of cost**. Seniors are requested to write their health condition on form supplied
5. All students must arrive in time for class and maintain peace in classroom.
6. No alcohol, drug, smoking and chewing gums are permitted inside hall
7. If anybody found under influence of drug or Alcohol will be asked to leave premises immediately
8. Please follow necessary dress code
9. Please keep your shoes outside Yoga hall at specified place, for hygienic and cleanliness reason
10. **All Participants are requested to bring Yoga mat, small towel with them in Yoga class every time. A water bottle is advisable for your comfort.**
11. Participants are requested to follow strict discipline on venue in case of difficulty please ask to Teacher or Volunteers.
12. Car parking: Please follow local regulation and do not park in such a way to obstruct other vehicle or passageway.
13. Management reserve the right to refuse admission to anybody without assigning any reason.
14. Management reserve the right to postpone or cancel any of Yoga class due to unavoidable circumstances beyond control

Dress Code:

Gents: Loose tee shirt and track pant and jacket if necessary (**Short pant or Jean pant is not allowed**)

Ladies: Loose Tee Shirt and Track pant, or Punjabi dress and jacket if necessary
(Miniskirt, singlet skirt or night gown are not permitted on venue)

Tight jean pants are not allowed as it obstructs yogic Kriya and Asana. Tee shirts with Offending scenes or comments are not allowed to maintain sanctity of Yoga

Privacy Statement: Information collected on this form will be used for the purpose it is collected and not issued to any one without your permission. This information can also be used for any support you need afterward for your Yoga regime and promotional activity of organization.

Note: Yoga is basically control over body and then over mind. Regular practice will achieve this. Yoga is not competition; please do not compare your performance with others. Every individual is different and as such their body. Regular practice and commitment to yourself will achieve your goal of Good health, spiritual progress and mental peace.

Acknowledgement: The participant acknowledges that they

1. Participate in the activities at their own risk.
2. Voluntarily assume all inherent and obvious risks involved in the activities.
3. Waive their rights to sue (the provider) its servants, agents and contractors for losses relating to their personal injury or death arising from their participation in the activities and
4. Have read and understood the risk warning, rules & regulations, the disclaimer and this acknowledgement.

I (Name) _____ of (Place) _____
(Name of Applicant or Guardian if under 16 years of age)

I declare herewith that, information provided by me/us is true. I / we read above Terms and Conditions, and follow all the rules and regulation along with any instructions provided in class or in the class notes.

Signed _____ Date _____ Place _____

Pl. Note that we do not have arrangement of children's care, Please make your own Arrangement for.
(Children under 16 years of age participating in Yoga activities must be accompanied by parents or guardian)

How did you hear from us ? **Friend** **Doctor** **Website** **Newspaper** **Flyer**